



Pathway to Prevention in Primary Care



Falls and Fracture Prevention Programme



Áine O'Riordan

Senior Physiotherapist

Primary Community and Continuing Care

Local Health Office, Dublin North Central

Email: aine.oriordan@hse.ie





Why?



- Need



- Evidence Based Practice
 - Health promotion training
- National Institute for Clinical Excellence
Guideline 21- Falls: the assessment and prevention of falls in older people





Who ?

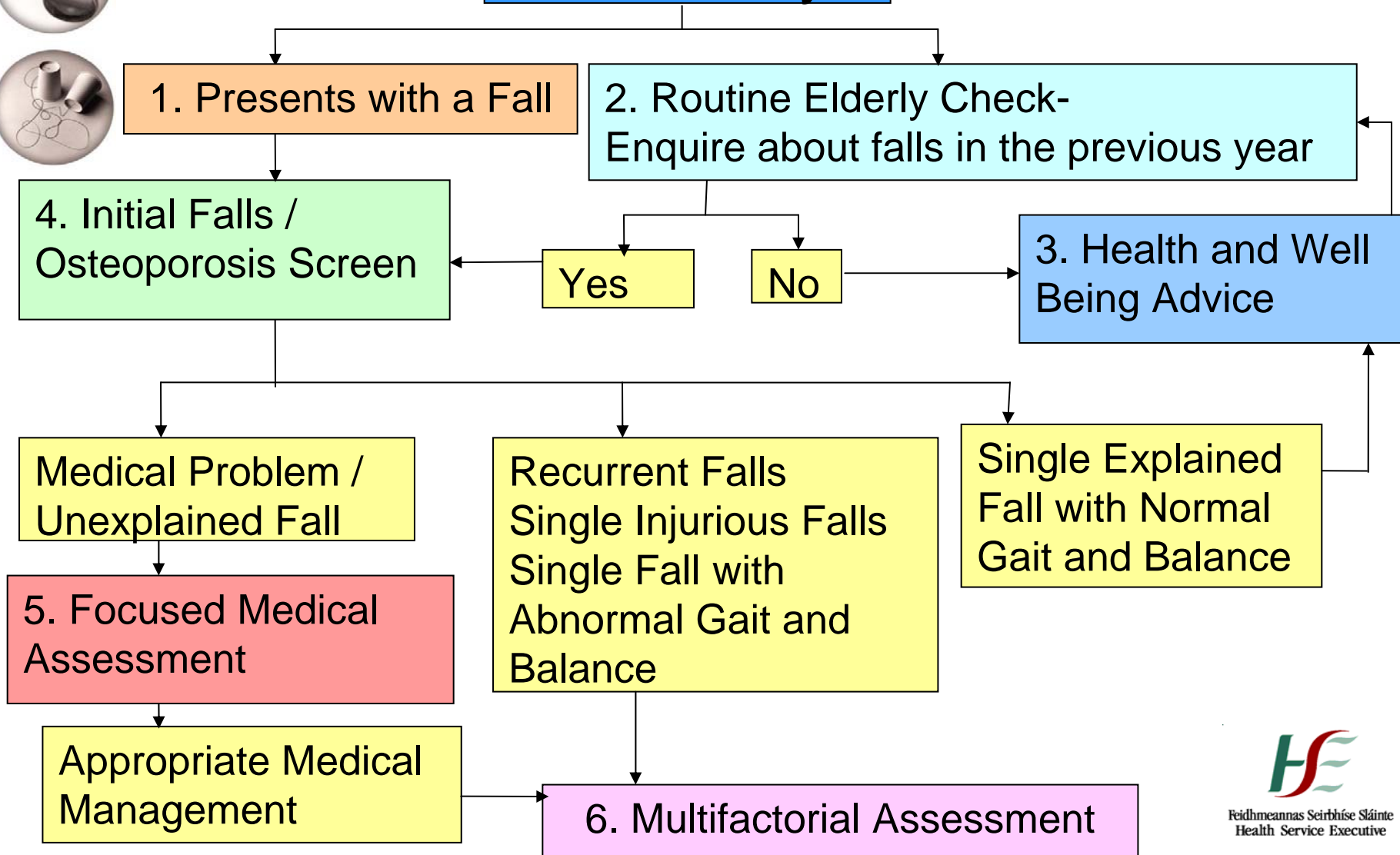
- Steering group
 - Primary, Community and Continuing Care
 - Health Promotion
- Ballymun Primary Health Care Team
- Managers





Do Once and Share Pathway for Individuals who have fallen

Falls Pathway





What progress have we made so far?

- Coordinated multidisciplinary approach
- Pathway
 - IT: Shared folder
- Screening
 - Case/risk identification





What have we learned?

- Collaboration essential
- Pathway helpful
- Takes time
- Coordinator needed
- Education and Training





Next steps

- Consultation with older people
- Multifactorial assessment and interventions
- Evaluation and dissemination
- Collaboration with hospitals and other services





References

- NHS National Institute for Clinical Excellence

www.nice.org.uk/CG021fullguideline

- NHS Connecting for Health
 - Do Once and Share Falls Action Team

www.connectingforhealth.nhs.uk/doas

