



## Brian McClean, Brothers of Charity Roscommon

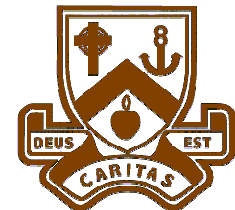


### Challenging Behaviours



### Why did we choose this project? -

- Rates of behaviour – 15% of people with intellectual disabilities
- Rates of injury nationally
- All behaviour is meaningful
- Institutionalisation and re-institutionalisation of people with challenging behaviours
- Effectiveness of Positive Behaviour Support





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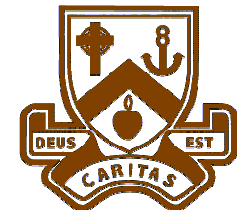


### Challenging Behaviours



### What has helped us so far? -

- Behaviour Support Planning
- Longitudinal Training in Positive Behaviour Support
- Crisis Prevention Training (CPI)
- Behaviour Support Team
- Intensive Support Workers
- Crisis Response System
- Mental Health Clinic
- Individualised Service Design





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### Challenging Behaviours

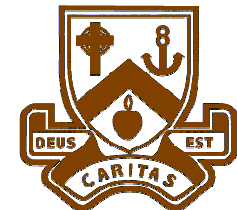


### what progress have we made so far?

- Reductions in rates of behaviours
- Reductions in critical incidents
- Maintenance of community placements
- Renewed emphasis on Positive Futures Planning and Personal Outcomes

### what results have we achieved?

- Results are presented in published peer reviewed journals
  - Outcomes of longitudinal training with 138 individuals
  - Positive Behaviour Support with 5 individuals with very severe challenging behaviours
  - Control group study with 30 individuals
  - Component analysis studies with 60 individuals
  - Social validity study of Positive Behaviour Support with 45 individuals





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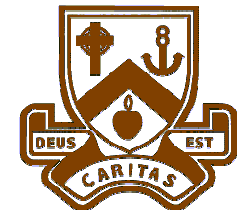
### Challenging Behaviours



- define –**
- Optimise quality of life for people with challenging behaviours
  - 52% of staff reported very vulnerable to challenging behaviours

- measure -**
- 15% of people with intellectual disability
  - 5% with very severe challenging behaviour
  - 5 people in active placement breakdown / severe injury

- analyse -**
- Population group
  - Control group
  - Very severe behaviour group
  - Individual cost of service provision
  - Social validity
  - Psychiatric status
  - Quality of life





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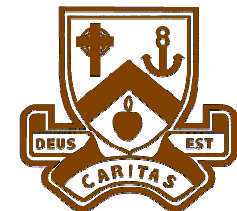
### improve -

- Accountability for implementation and maintenance of effective behaviour support plans
- Competency based training for frontline staff



### control -

- Connectedness with families
- Smaller, more intimate, low arousal environments
- Individualised costings
- Evidence based practice





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## **Challenging Behaviours**



### **what are the next steps for this project?**

- **Prevention through parents training and school based intervention**

### **what are the next steps for me?**

- **Increased emphasis on individualised service design / accomplishment of Personal Outcomes by people with challenging behaviours**
- **Assist in the closure of large residential settings**

