



Community Rehab & Support Team

project area: Supported Discharge from A&E or hospital wards for people who fall

why did we choose this project? -

- Brainchild of Gretta Crowley-Coordinator of services for older people
- Interest in fall prevention and rehabilitation
- Need identified- revolving door for fallers attending A&E
- Need for partnership between elderly division, Acute and Community Services

who has helped us so far? -

- MDT Steering group
- Team
- Support from Management in navigating initial resistance from some quarters





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project area : Community rehabilitation and support for people who have fallen

what progress have I/we made so far?

- Team up and going for over 3 years
- Excellent example of evidence based MDT assessment and service provision for secondary falls prevention
- Acute and PCCC cooperation

what results have I/we achieved?

- Through put 230 clients in 2005-2006
- High level stakeholder satisfaction- clients, families, acute and Community Services
- Personnel have changed but high team spirit
- Close linkages with other services





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what have we learned from doing this project? -

define -

- Importance of robust planning and integration
- Effectiveness of targeted and timely MDT approach to this client group
- Feasibility of rehabilitation assistants working in Domiciliary

measure -

- Outcome measures Barthel, Berg, TUG, falls incidence
- Decreased hospital stay post hip fracture

analyse -

- It works because fast response and team allows all issues to be addressed concurrently
- Communication
- Speedy access to medical diagnostic services

improve -

- Nursing and rehabilitation assistants critical to service
- Capacity is the main issue, CR&ST can cater approx 120 per year
- Currently limited catchment area

control -

- Inappropriate referrals or use of service





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what are the next steps for this project?

- Need to expand to cover all of North/South Lee for equity-
- Could be network service in Primary Care model

what are the next steps for us?

- Currently in final stages of preparation of Falls Mapping Report funded by Partnership
- North/South Lee falls strategy

